# Daily Devotion



# The LORD is Our Shepherd

Monday, 29 July - Sunday, 8 September 2024



# rightnow MEDIA

permitted for use in Ipswich International Church

# PSALM 23 MATT CHANDLER

PARTICIPANTS' HANDOUTS

#### **SESSION 1 PARTICIPANTS' HANDOUT SHEPHERD - PSALM 23:1**

### PSALM 23

Where do you find yourself lacking today? What can you do to pursue Jesus as your provider rather

When	the	Lord	is	our	shepherd,	we	lack	nothing	of
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**SESSION BIG IDEA** 

# than following another false shepherd? what we truly need in life. **▶ BIBLE STUDY NOTES** Psalm 23:1-6 Notes LIVE IT OUT Select at least one activity below to complete before next week. **► MEMORIZE** Over the course of this study, commit to memorizing all of Psalm 23. This week, focus on verse one reciting it to yourself over the next few days. **▶ PRAY** Set aside some time to ask the Lord to reveal to you any of the ways you are following false shepherds. As he does, boldly turn away from them in order to commit yourself fully to following God alone. **▶ RESOLVE** As you begin this study, resolve to reach the point in your relationship with the Lord that you are able to say, like David, "I lack nothing." Whatever needs, longings, or desires that you have bring them to God and find them met in him. PERSONAL REFLECTION & APPLICATION How does the idea of God as your shepherd fit into your current perspective of God? In what ways should it change the way you think about God?

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your soul?

#### **SESSION 2 PARTICIPANTS' HANDOUT** STILL WATERS - PSALM 23:2

# PSALM 23

What do you need to surrender to the Lord today? What is keeping you from following his voice to

green pastures, still waters, and the restoration of

#### **SESSION BIG IDEA**

When the Lord is our shepherd, he leads us in to perpetual rest for the restoration of our souls.

► BIBLE STUDY NOTES	
Psalm 23:1-6 Notes	
	LIVE IT OUT
	Select at least one activity below to complete before next week.
	► MEMORIZE
	Continue working on memorizing Psalm 23. This week, focus on verse two reciting it to yourself over the next few days.
	► PRAY
	Spend at least five minutes in prayer each day this week specifically confessing to the Lord the places where you have found yourself in need of rest as a result of this session.
	► ENCOURAGE
	If you are currently in a season of enjoying rest in the Lord, look for someone in your life who is struggling and make an intentional effort to encourage them with the truths you learned from this session.
PERSONAL REFLECTION & APPLICATION	
What are some ways that you have sought rest outside of the Lord as a response to your exhaustion, either today or at some point in the past?	
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#### **SESSION 3 PARTICIPANTS' HANDOUT** PATHS - PSALM 23:3

# PSALM 23

Where do you find yourself discouraged today?

#### **SESSION BIG IDEA**

	What is fueling that discouragement?
When the Lord is our shepherd, we receive the	The is received that also are general.
righteousness of Christ as a free gift that he extends	
to us for the glory of his name.	
DIDLE CTUDY NOTES	
BIBLE STUDY NOTES	
Psalm 23:1-6	
Notes	
	What could you do to rest in the Lord's provision?
	,
	LIVE IT OUT
	Select at least one activity below to complete before next week.
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	► MEMORIZE
	Continue working on memorizing Psalm 23. This
	week, focus on verse three reciting it to yourself over
	the next few days.
	the next levi days.
	▶ PRAY
	FRAI
	If the I and novement of the year any years that you have
	If the Lord revealed to you any ways that you have
	misunderstood the righteousness he freely gives,
	confess that to him throughout this next week. Ask
	that he would free you from false belief in order to
PERSONAL REFLECTION & APPLICATION	walk in the truth of his Word.
Do you find yourself resorting to white-knuckled	▶ SERVE
liscipline? How should the truth that Christ	
ourchased your righteousness on the cross change	Identify a need somewhere in your day-to-day
the way you think about obedience?	routine (workplace, neighborhood, school, etc.) and
	make an intentional effort to serve that need to make
	much of the name of the Lord.
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# SESSION 4 PARTICIPANTS' HANDOUT THE VALLEY - PSALM 23:4

# PSALM 23

#### **SESSION BIG IDEA**

Our hope in times of darkness is the presence of God, not the resolution of our circumstances.

God, not the resolution of our circumstances.	
▶ BIBLE STUDY NOTES	
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Psalm 23:1-6	
Notes	
	LIVE IT OUT
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	► MEMORIZE
	MEMORIZE
	Continue working o
	week, focus on verse
	the next few days.
	the next lew days.
	► PRAY
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	Whether or not you
	difficulty, ask the Lo
	Pray that he would r
	compete for priority
	would be your comfo
	▶ JOURNAL
	Set aside some time
	times you have faced
	each instance, write
	God comforted you
	protection and guida
PERSONAL REFLECTION & APPLICATION	
If verse 4—and Psalm 23 as a whole—is painting	
an accurate picture of reality, do you believe	
Christians today have a good understanding of	
what the Bible teaches about suffering? Do you	
understand? Why or why not?	

In what ways should your faith in Christ be

Select at least one activity below to complete before next week.

Continue working on memorizing Psalm 23. This week, focus on verse four reciting it to yourself over the next few days.

Whether or not you are currently in a season of difficulty, ask the Lord to prepare you for suffering. Pray that he would remove all other shepherds that compete for priority in your life so that he alone would be your comfort in both good and bad times.

Set aside some time this next week to reflect on times you have faced suffering in the past. For each instance, write down 2–3 specific ways that God comforted you throughout that time with his protection and guidance.

#### **SESSION 5 PARTICIPANTS' HANDOUT TABLE - PSALM 23:5**

# PSALM 23

#### **SESSION BIG IDEA**

God does not just accept those who surrender their

lives to Christ—he delights in them as children adopted into his family.
▶ BIBLE STUDY NOTES
Psalm 23:1-6 Notes
PERSONAL REFLECTION & APPLICATION
PERSONAL REFELECTION & AFFEIGATION
What's one way the truth that God delights in you here and now could change how you approach you relationship with him today?

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#### **LIVE IT OUT**

Select at least one activity below to complete before next week.

#### **► MEMORIZE**

Continue working on memorizing Psalm 23. This week, focus on verse five reciting it to yourself over the next few days.

#### **▶ PRAY**

Ask the Lord to help you see him as he truly is and to more fully believe in the richness of his love for you.

#### **▶ LIST**

Take out a small piece of paper and write down 2–3 specific ways that God has demonstrated his delight in you at various points in your life. Then, put it in a place where you will see it at the start of each day this week. Each time you read it, reflect on God's kindness to you and thank him for it.

# SESSION 6 PARTICIPANTS' HANDOUT DWELL - PSALM 23:6

# PSALM 23

#### **SESSION BIG IDEA**

The ultimate hope of our Christian faith is to dwell with God forever, and that is a promise for those who belong to his flock.

▶ BIBLE STUDY NOTES
Psalm 23:1-6 Notes
PERSONAL REFLECTION & APPLICATION
Where are you in need of mercy today? How should the truth that God's mercy follows you through faith in Christ meet you in that need?

How are you orienting your life around the presence of God? What can you do to find spaces throughout your day to make yourself aware of his presence? To soak up his Word and spend time in prayer with him?															•																																																								
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#### **► MEMORIZE**

Continue working on memorizing Psalm 23. This week, focus on verse six reciting it to yourself over the next few days.

#### **▶ PRAY**

Each morning this week, before you start your day, take a moment to invite God into whatever you have planned (work, errands, school, etc.). Ask him to help you sense his presence as you go about your day.

#### **► EVALUATE**

Set aside some time this week to evaluate your spiritual life. Consider whether you are orienting your life around God's presence, like Matt said. After doing so, make a plan with practical steps toward a more intentional pursuit of the Lord in the days ahead.