

# Daily Devotion

LIVING IN



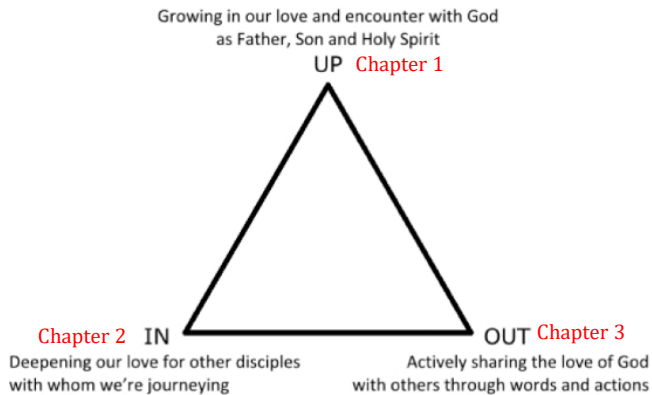
THE SPIRIT

exploring Galatians 4-6

Monday, 25<sup>th</sup> January – Sunday, 7<sup>th</sup> March  
2021

## Introduction

Going through the first three chapters of Galatians during our twenty-one-day Daniel Fast, we considered a chapter a week using the UP-IN-OUT.



Our salvation was not an afterthought. It was God's eternal plan to rescue us from this evil world. This is the Gospel – the Good News. The Gospel is God's agent to save and transform.

The example of Paul's life – from persecutor to preacher and religion to relationship – rules no one out of God's reach of love and mercy.

Any distortion of the Gospel can lead to legalism, slavery, bondage, fear, manipulation, control, witchcraft, division, and marginalisation.

Now we continue our exploration of this powerful, insightful, and inspirational letter.

Monday, 25<sup>th</sup> January – In Christ - No Longer Slaves

## Galatians 4:1-3 (NLT)



<sup>1</sup> Think of it this way. If a father dies and leaves an inheritance for his young children, those children are not much better off than slaves until they grow up, even though they actually own everything their father had. <sup>2</sup> They have to obey their guardians until they reach whatever age their father set. <sup>3</sup> And that's the way it was with us before Christ came. We were like children; we were slaves to the basic spiritual principles of this world.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

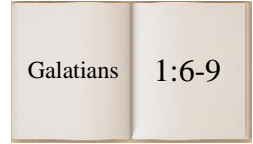


**What are you going to do about it?**

Tuesday 26<sup>th</sup> January – God’s Perfect Timing

**Galatians 4:4-5 (NLT)**

<sup>4</sup> But when the right time came, God sent his Son, born of a woman, subject to the law. <sup>5</sup> God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children.



**What jumps at you from today’s reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Wednesday 27<sup>th</sup> January – **Abba, Father**  
**Galatians 4:6-9 (NLT)**



<sup>6</sup> And because we are his children, God has sent the Spirit of his Son into our hearts, prompting us to call out, “Abba, Father.” <sup>7</sup> Now you are no longer a slave but God’s own child. And since you are his child, God has made you his heir. <sup>8</sup> Before you Gentiles knew God, you were slaves to so-called gods that do not even exist. <sup>9</sup> So now that you know God (or should I say, now that God knows you), why do you want to go back again and become slaves once more to the weak and useless spiritual principles of this world?



**What jumps at you from today’s reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Thursday 28<sup>th</sup> January – Living in Freedom

**Galatians 4:10-12a (NLT)**

<sup>10</sup> You are trying to earn favour with God by observing certain days or months or seasons or years. <sup>11</sup> I fear for you. Perhaps all my hard work with you was for nothing. <sup>12</sup> Dear brothers and sisters, I plead with you to live as I do in freedom from these things, for I have become like you Gentiles—free from those laws.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Friday 29<sup>th</sup> January – Remaining Hospitable

**Galatians 4:12b-16 (NLT)**

You did not mistreat me when I first preached to you. <sup>13</sup> Surely you remember that I was sick when I first brought you the Good News. <sup>14</sup>



But even though my condition tempted you to reject me, you did not despise me or turn me away. No, you took me in and cared for me as though I were an angel from God or even Christ Jesus himself. <sup>15</sup> Where is that joyful and grateful spirit you felt then? I am sure you would have taken out your own eyes and given them to me if it had been possible. <sup>16</sup> Have I now become your enemy because I am telling you the truth?



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

## Saturday 30<sup>th</sup> January – Discerning Intentions

### Galatians 4:17-20 (NLT)

<sup>17</sup> Those false teachers are so eager to win your favour, but their intentions are not good. They are trying to shut you off from me so that you will pay attention only to them. <sup>18</sup> If someone is eager to do good things for you, that's all right; but let them do it all the time, not just when I'm with you. <sup>19</sup> Oh, my dear children! I feel as if I'm going through labour pains for you again, and they will continue until Christ is fully developed in your lives. <sup>20</sup> I wish I were with you right now so I could change my tone. But at this distance I don't know how else to help you.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

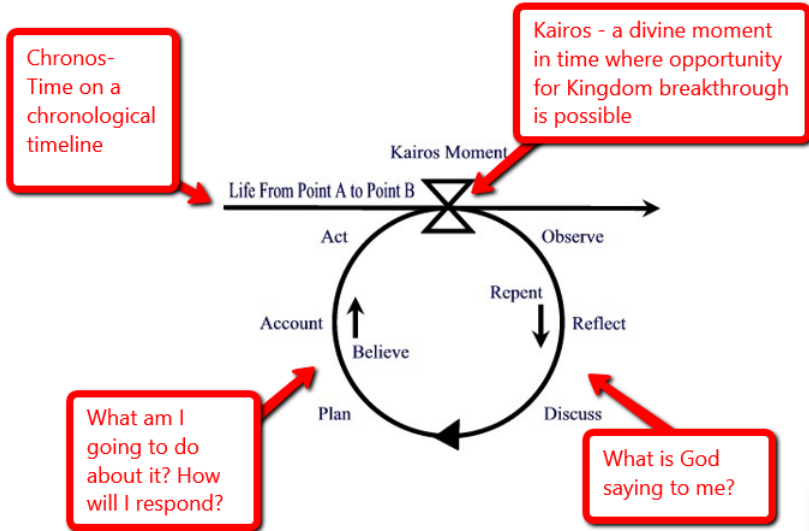


**What are you going to do about it?**



# Sunday 31<sup>st</sup> January - Review of Galatians 4:1-20

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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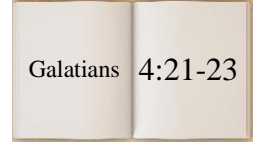
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## Monday 1<sup>st</sup> February – Human Effort or Divine Promise?

### Galatians 4:21-23 (NLT)

<sup>21</sup> Tell me, you who want to live under the law, do you know what the law actually says? <sup>22</sup> The Scriptures say that Abraham had two sons, one from his slave-wife and one from his freeborn wife. <sup>23</sup> The son of the slave-wife was born in a human attempt to bring about the fulfilment of God's promise. But the son of the freeborn wife was born as God's own fulfilment of his promise.



**What jumps at you from today's reading?**



**What is God saying to you?**



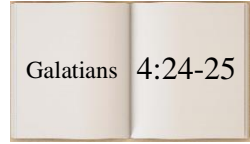
**How do you respond to Him in prayer?**



**What are you going to do about it?**

Tuesday 2<sup>nd</sup> February – **Covenant of Law**  
**Galatians 4:24-25 (NLT)**

<sup>24</sup> These two women serve as an illustration of God's two covenants. The first woman, Hagar, represents Mount Sinai where people received the law that enslaved them. <sup>25</sup> And now Jerusalem is just like Mount Sinai in Arabia, because she and her children live in slavery to the law.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

## Wednesday 3<sup>rd</sup> February – Covenant of Relationship

### Galatians 4:26-27 (NLT)

<sup>26</sup> But the other woman, Sarah, represents the heavenly Jerusalem. She is the free woman, and she is our mother. <sup>27</sup> As

Isaiah said, “Rejoice, O childless woman, you who have never given birth! Break into a joyful shout, you who have never been in labour! For the desolate woman now has more children than the woman who lives with her husband!”



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Thursday 4<sup>th</sup> February – Children of Promise

**Galatians 4:28 (NLT)**

**28** And you, dear brothers and sisters, are children of the promise, just like Isaac.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Friday 5<sup>th</sup> February – No Inheritance in Human Efforts

**Galatians 4:29-30 (NLT)**

<sup>29</sup> But you are now being persecuted by those who want you to keep the law, just as Ishmael, the child born by human effort, persecuted Isaac, the child born by the power of the Spirit. <sup>30</sup> But what do the Scriptures say about that? “Get rid of the slave and her son, for the son of the slave woman will not share the inheritance with the free woman’s son.”



**What jumps at you from today’s reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

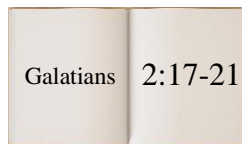


**What are you going to do about it?**

Saturday 6<sup>th</sup> February – Children of Freedom

**Galatians 2:17-21 (NLT)**

**31** So, dear brothers and sisters, we are not children of the slave woman; we are children of the free woman.



**What jumps at you from today's reading?**



**What is God saying to you?**



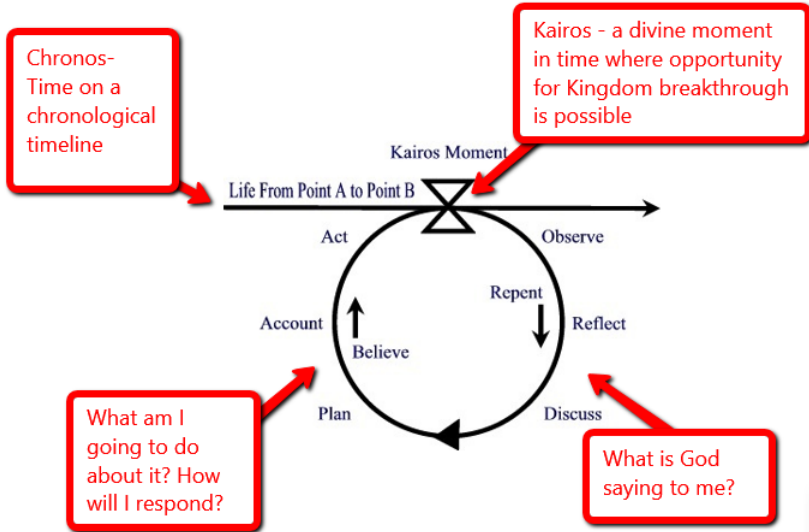
**How do you respond to Him in prayer?**



**What are you going to do about it?**

# Sunday 7<sup>th</sup> February - Review of Galatians 4:21-31

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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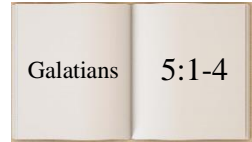
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Monday 8<sup>th</sup> February – Staying Free

**Galatians 5:1-4 (NLT)**



<sup>1</sup> So Christ has truly set us free. Now make sure that you stay free, and don't get tied up again in slavery to the law. <sup>2</sup> Listen! I, Paul, tell you this: If you are counting on circumcision to make you right with God, then Christ will be of no benefit to you. <sup>3</sup> I'll say it again. If you are trying to find favor with God by being circumcised, you must obey every regulation in the whole law of Moses. <sup>4</sup> For if you are trying to make yourselves right with God by keeping the law, you have been cut off from Christ! You have fallen away from God's grace.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

## Tuesday 9<sup>th</sup> February – Promised Righteousness

### Galatians 5:5-6 (NLT)

<sup>5</sup> But we who live by the Spirit eagerly wait to receive by faith the righteousness God has promised to us. <sup>6</sup> For when we place our faith in Christ Jesus, there is no benefit in being circumcised or being uncircumcised. What is important is faith expressing itself in love.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Wednesday 10<sup>th</sup> February – Who or What Hinders?

**Galatians 5:7-8 (NLT)**

<sup>7</sup> You were running the race so well. Who has held you back from following the truth? <sup>8</sup> It certainly isn't God, for he is the one who called you to freedom.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Thursday 11<sup>th</sup> February – A Little Yeast

**Galatians 5:7-10 (NLT)**

<sup>9</sup> This false teaching is like a little yeast that spreads through the whole batch of dough! <sup>10</sup> I am trusting the Lord to keep you from believing false teachings. God will judge that person, whoever he is, who has been confusing you.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

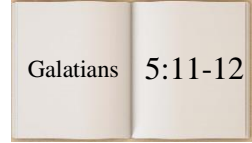


**What are you going to do about it?**

## Friday 12<sup>th</sup> February – Truth Attracts Persecution

### Galatians 5:11-12 (NLT)

<sup>11</sup> Dear brothers and sisters, if I were still preaching that you must be circumcised—as some say I do—why am I still being persecuted? If I were no longer preaching salvation through the cross of Christ, no one would be offended. <sup>12</sup> I just wish that those troublemakers who want to mutilate you by circumcision would mutilate themselves.



**What jumps at you from today's reading?**



**What is God saying to you?**



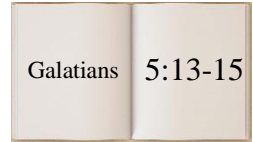
**How do you respond to Him in prayer?**



**What are you going to do about it?**

Saturday 13<sup>th</sup> February – Love Serves!

**Galatians 5:13-15 (NLT)**



<sup>13</sup> For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. <sup>14</sup> For the whole law can be summed up in this one command: "Love your neighbour as yourself." <sup>15</sup> But if you are always biting and devouring one another, watch out! Beware of destroying one another.



**What jumps at you from today's reading?**



**What is God saying to you?**



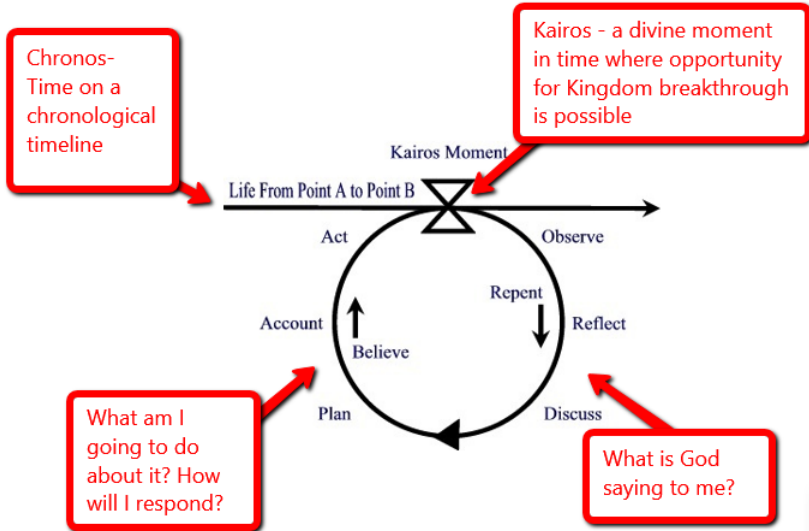
**How do you respond to Him in prayer?**



**What are you going to do about it?**

# Sunday 14<sup>th</sup> February - Review of Galatians 5:1-15

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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Monday 15<sup>th</sup> February – Let the Spirit Lead

**Galatians 5:16 (NLT)**

**16** So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**



Tuesday 16<sup>th</sup> February – The Conflict Within

**Galatians 5:17-18 (NLT)**

<sup>17</sup> The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. <sup>18</sup> But when you are directed by the Spirit, you are not under obligation to the law of Moses.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

## Wednesday 17<sup>th</sup> February – Following Sinful Desires

### Galatians 5:19-21 (NLT)

<sup>19</sup> When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, <sup>20</sup> idolatry, sorcery, hostility, quarrelling, jealousy, outbursts of anger, selfish ambition, dissension, division, <sup>21</sup> envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

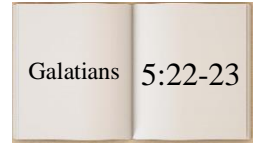


**What are you going to do about it?**

Thursday 18<sup>th</sup> February – Following the Spirit

**Galatians 5:22-23 (NLT)**

<sup>22</sup> But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, and self-control. There is no law against these things!



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Friday 19<sup>th</sup> February – Crucified with Christ

**Galatians 5:24 (NLT)**

**24** Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**

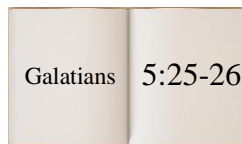


**What are you going to do about it?**

## Saturday 20<sup>th</sup> February – Every Part Matters

**Galatians 5:25 -26 (NLT)**

<sup>25</sup> Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. <sup>26</sup> Let us not become conceited, or provoke one another, or be jealous of one another.



**What jumps at you from today's reading?**



**What is God saying to you?**



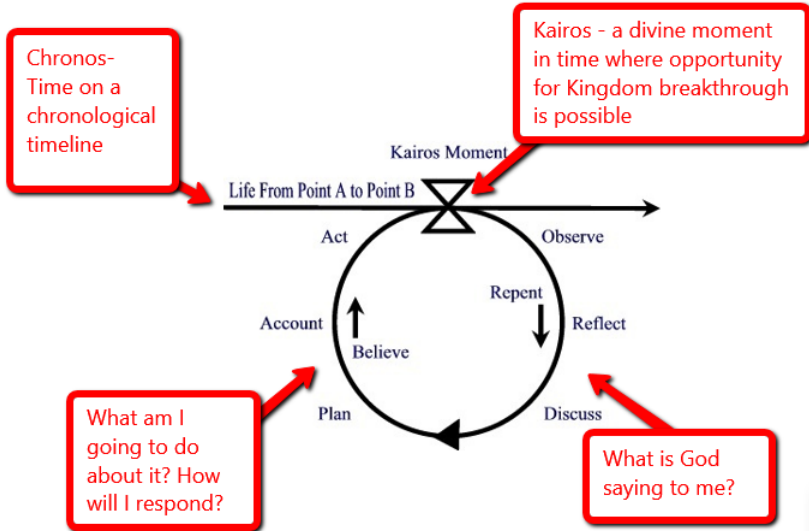
**How do you respond to Him in prayer?**



**What are you going to do about it?**

# Sunday 21<sup>st</sup> February - Review of Galatians 5:16-26

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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Monday 22<sup>nd</sup> February – Gentle Restoration

**Galatians 6:1 (NLT)**

<sup>1</sup> Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Tuesday 23<sup>rd</sup> February – Humble Support

**Galatians 6:2-3 (NLT)**

<sup>2</sup> Share each other's burdens, and in this way obey the law of Christ. <sup>3</sup> If you think you are too important to help someone, you are only fooling yourself. You are not that important.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**



## Wednesday 24<sup>th</sup> February – The Trap of Comparison

### Galatians 6:4-5 (NLT)

<sup>4</sup> Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. <sup>5</sup> For we are each responsible for our own conduct.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Thursday 25<sup>th</sup> February – Show Appreciation

**Galatians 6:6 (NLT)**

**6** Those who are taught the word of God should provide for their teachers, sharing all good things with them.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Friday 26<sup>th</sup> February – Be Mindful of What You Sow

**Galatians 6:7-8 (NLT)**

<sup>7</sup> Don't be misled—you cannot mock the justice of God. You will always harvest what you plant. <sup>8</sup> Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Saturday 27<sup>th</sup> February – Keep Doing Good

**Galatians 6:9-10 (NLT)**



<sup>9</sup> So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. <sup>10</sup> Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.



**What jumps at you from today's reading?**



**What is God saying to you?**



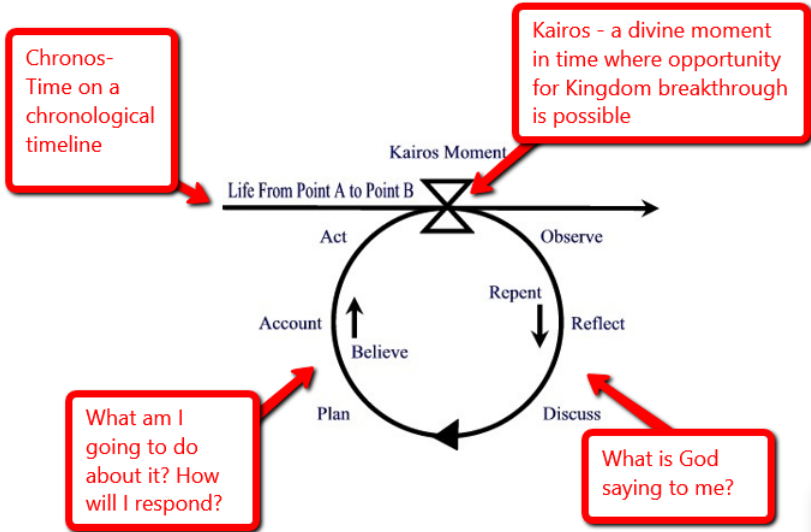
**How do you respond to Him in prayer?**



**What are you going to do about it?**

# Sunday 28<sup>th</sup> February - Review of Galatians 6:1-10

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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Monday 1<sup>st</sup> March – Who Are You Trying to Impress?

**Galatians 6:11-12 (NLT)**

**11** NOTICE WHAT LARGE LETTERS I USE AS I WRITE THESE CLOSING WORDS IN MY OWN HANDWRITING. **12** Those who are trying to force you to be circumcised want to look good to others. They don't want to be persecuted for teaching that the cross of Christ alone can save.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Tuesday 2<sup>nd</sup> March – Hypocrisy

**Galatians 6:13 (NLT)**

**13** And even those who advocate circumcision don't keep the whole law themselves. They only want you to be circumcised so they can boast about it and claim you as their disciples.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

## Wednesday 3<sup>rd</sup> March – Boasting in the Cross of Christ

### Galatians 6:14 (NLT)

**14** As for me, may I never boast about anything except the cross of our Lord Jesus Christ. Because of that cross, my interest in this world has been crucified, and the world's interest in me has also died.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**



Thursday 4<sup>th</sup> March – Transformation is What Counts

**Galatians 6:15-16 (NLT)**

<sup>15</sup> It doesn't matter whether we have been circumcised or not. What counts is whether we have been transformed into a new creation. <sup>16</sup> May God's peace and mercy be upon all who live by this principle; they are the new people of God.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Friday 5<sup>th</sup> March – The Scars of Belonging  
Galatians 6:17 (NLT)

**17** From now on, don't let anyone trouble me with these things. For I bear on my body the scars that show I belong to Jesus.



**What jumps at you from today's reading?**



**What is God saying to you?**



**How do you respond to Him in prayer?**



**What are you going to do about it?**

Saturday 6<sup>th</sup> March – Grace be with You

**Galatians 6:18 (NLT)**

<sup>18</sup> Dear brothers and sisters, may the grace of our Lord Jesus Christ be with your spirit. Amen.



**What jumps at you from today's reading?**



**What is God saying to you?**



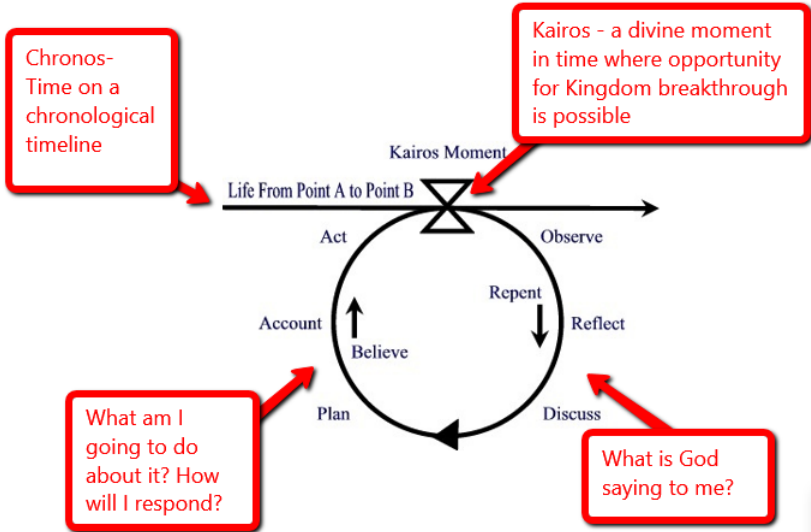
**How do you respond to Him in prayer?**



**What are you going to do about it?**

# Sunday 7<sup>th</sup> March - Review of Galatians 6:11-18

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, \_\_\_\_\_

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Living in the Spirit  
an exploration of **Galatians 4 - 6**

