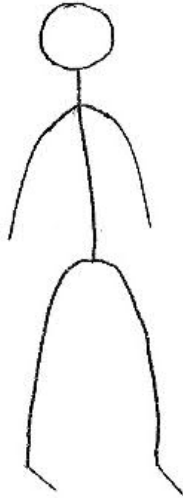


Daily Devotion

Wholeness

in every dimension of **you**

Spirit
Soul
Body



JULY 2021							AUGUST 2021						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30	31					

Introduction

Each one of us is unique; we come from various backgrounds and have different personalities. But with respect to how God created us, we're all the same. Mankind is made of three parts namely:

- i. Spirit - The dimension of man which deals with the spiritual realm. The part of man that knows God.
- ii. Soul - The dimension of man which deals with the mental realm. Man's intellect. The sensibilities and will. The part that reasons and thinks.
- iii. Body - The dimension of man which deals with the physical realm. The house in which we live.

In his third letter in the canon of Scriptures, St John writes Gaius, a dear disciple who is devoted to the truth and continues to walk in the truth. According to Jesus, the truth we experience brings freedom.

St John prays for Gaius and, by implication, us as well: ¹
Beloved, I pray you to prosper concerning all things and to be in good health, just as your soul prospers.

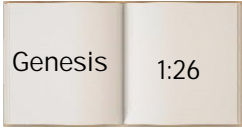
God wants us to be prosperous in sacred and secular affairs by experiencing harmony and wholeness in every dimension:

1. Spirit
2. Health of soul; and
3. Health of body.

¹ 3 John 2 ESV

Monday, 5th July

Divine Statement of Intent



NKJV ²⁶ Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth."



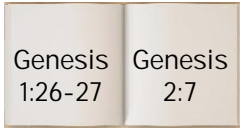
God's *statement of intent* in the text are peculiar to man's creation. Other forms of life had already been brought forth, by the "waters" and the "earth" (vv. 20, 24), but in man's creation, Elohim—the Triune God—acts directly and deliberately.



How did God intend to make Mankind?

Tuesday 6th July

Imago Dei



²⁶ Then God said, "Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth." ²⁷

So God created man in His *own* image; in the image of God He created him; male and female He created them.

Genesis 2:7 (KJV)

⁷ And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.



God set out to make Man in His image to begin with and here we read, "Mission accomplished."

"Formed man of dust from the ground" refers to man's body; "Breathed into his nostrils the breath of life" refers to man's spirit as it came from God; and "man became a living soul" refers to man's soul when the body was quickened by the spirit and brought into being a living and self-conscious man.

A complete man is a trinity — the composite of spirit, soul, and body.



Did God make Mankind as He intended?

Wednesday 7th July

God in Three Persons



19 Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,

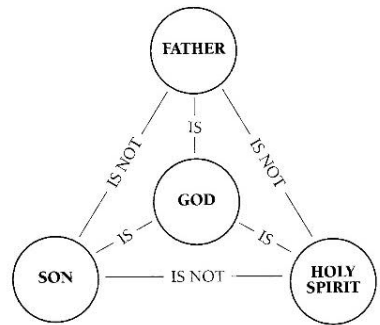
Matthew 28:19 (NKJV)

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen. **2 Corinthians 13:14 (NKJV)**



The doctrine of the trinity is truly beyond human comprehension or the limits of our finite minds, but it is nevertheless a vital truth of the Bible.

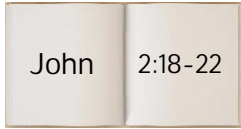
The Scriptures paint a picture of one only and true God, but in the unity of the Godhead there are three coeternal and coequal Persons, the same in substance but distinct in subsistence.”¹



How do you understand the trinity?

Thursday 8th July

The Temple of His Body

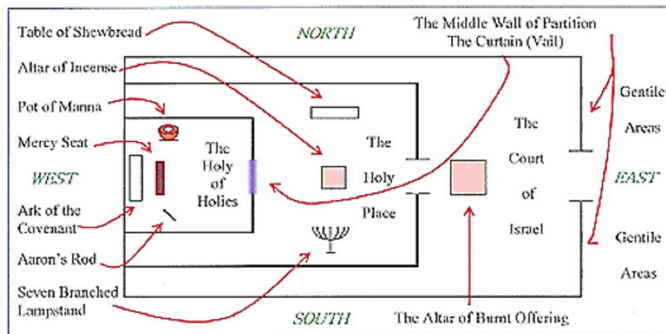


¹⁸ So the Jews answered and said to Him, "What sign do You show to us, since You do these things?" ¹⁹ Jesus answered and said to them, "Destroy this temple, and in three days I will raise it up." ²⁰ Then the Jews said, "It has taken forty-six years to build this temple, and will You raise it up in three days?" ²¹ But He was speaking of the temple of His body. ²² Therefore, when He had risen from the dead, His disciples remembered that He had said this to them; and they believed the Scripture and the word which Jesus had said.



The Temple was in three parts, but it was still only one Temple. It had the Outer court, the Holy Place and then the Holy of Holies.

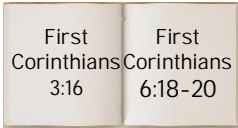
The Outer Court had vessels of brass, the Holy place had vessels of silver and the Holy of Holies had vessels of gold. (We are earthen vessels that need to be refined.)



Jesus describes His body as the temple of God. How do you see yours?

Friday 9th July

We are God's Temple



1 Corinthians 3:16 (NKJV)

¹⁶ Do you not know that you are the temple of God and *that* the Spirit of God dwells in you?

1 Corinthians 6:18-20 (NKJV)

¹⁸ Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. ¹⁹ Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? ²⁰ For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.



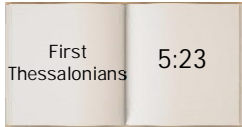
What jumps at you from today's reading?



Do you see yourself as a temple of God?

Saturday 10th July

The Whole Man



[NLT] Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again.



The work of the Holy Spirit that separates Believers in Jesus from the world; at the time of saving faith in Jesus, the Believer is made a saint; therefore, all believers are saints. The Believer participates with the Spirit in a process of transformation that continues until glorification.

The goal of sanctification is progressive conformity to the image of Jesus Christ.²



What does the text say about the nature of Mankind?

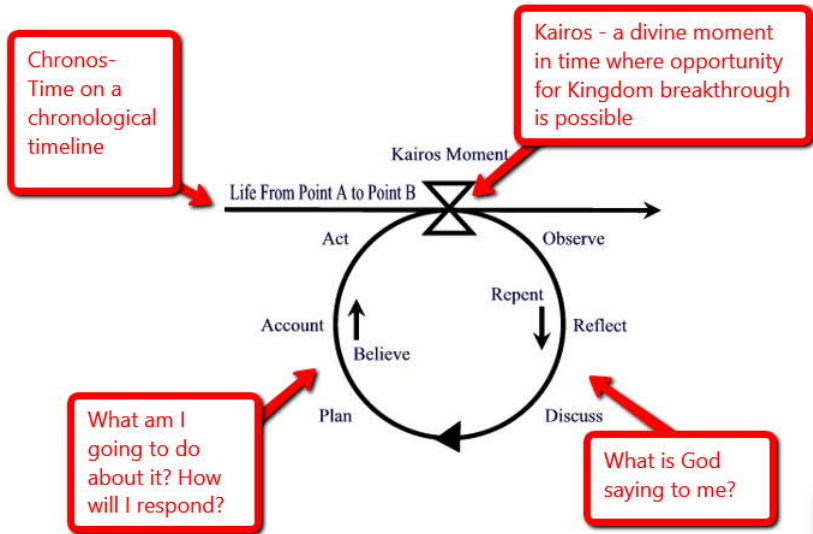
² explanation of 'sanctify' in the Holman Christian Standard Bible

The Threefold Nature of God & Man

Sunday 11th July

Review of the last six days

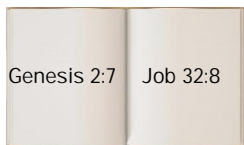
Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, _____

Monday 12th July

God's Breath



Genesis 2:7 (KJV)

⁷ And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.

Job 32:8 (NKJV)

⁸ But *there is* a spirit in man, And the breath of the Almighty gives him understanding.



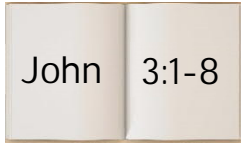
When God breathed into man, He caused man to be alive. He gave mankind the Spirit but when sin came in our spirit became dead, in our sinful nature.



How did God make human beings?

Tuesday 13th July

Re-birth of the spirit



NLT ¹ There was a man named Nicodemus, a Jewish religious leader who was a Pharisee. ² After dark one evening, he came to speak with Jesus. “Rabbi,” he said, “we all know that God has sent you to teach us. Your miraculous signs are evidence that God is with you.” ³ Jesus replied, “I tell you the truth, unless you are born again, you cannot see the Kingdom of God.” ⁴ “What do you mean?” exclaimed Nicodemus. “How can an old man go back into his mother’s womb and be born again?” ⁵ Jesus replied, “I assure you, no one can enter the Kingdom of God without being born of water and the Spirit. ⁶ Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life. ⁷ So don’t be surprised when I say, ‘You must be born again.’ ⁸ The wind blows wherever it wants. Just as you can hear the wind but can’t tell where it comes from or where it is going, so you can’t explain how people are born of the Spirit.”



When we are born again, the spirit comes alive within us. This spirit is the breath of God we were made to have and know.

It’s the coming alive again as the children of God living in relationship with him.



What does ‘born of water and of the spirit’ mean?

Wednesday 14th July

The Word and the Spirit

Hebrews 4:12-13

NLT ¹² For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires. ¹³ Nothing in all creation is hidden from God. Everything is naked and exposed before his eyes, and he is the one to whom we are accountable.



The word of God is a double-edge sword giving a definition between spirit and soul. It exposes the hidden areas of our hearts. It causes us to be seen by God and the areas needing to be exposed to be exposed.



What is required to slice between soul and spirit of a human being?

Thursday 15th July

The Spirit Reveals



NLT ⁹ That is what the Scriptures mean when they say, “No eye has seen, no ear has heard, and no mind has imagined what

God has prepared for those who love him.” ¹⁰ But it was to us that God revealed these things by his Spirit. For his Spirit searches out everything and shows us God’s deep secrets. ¹¹ No one can know a person’s thoughts except that person’s own spirit, and no one can know God’s thoughts except God’s own Spirit. ¹² And we have received God’s Spirit (not the world’s spirit), so we can know the wonderful things God has freely given us.



Man’s spirit knows man’s inner parts but God’s spirit will reveal the areas that need changing and moulding.

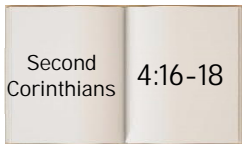
We need God’s spirit to fully know the truth and come to a wholeness within our own spirit.



Have you received God’s spirit?
What can someone who has received God’s spirit know?

Friday 16th July

Continually Renewed



NLT ¹⁶ That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. ¹⁷ For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! ¹⁸ So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.



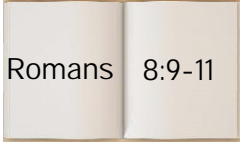
Our physical bodies and the physical circumstances around us will perish over time. Our spirits however will be continually grown and renewed as we allow the Father's Spirit to minister to us daily.



How does a spirit-minded person keep perspectives?

Saturday 17th July

His Spirit Lives in Us



NLT ⁹ But you are not controlled by your sinful nature. You are controlled by the Spirit if you have the Spirit of God living in you. (And remember that those who do not have the Spirit of Christ living in them do not belong to him at all.) ¹⁰ And Christ lives within you, so even though your body will die because of sin, the Spirit gives you life because you have been made right with God. ¹¹ The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.



Gods Spirit is lives in us. We are made alive because of His Spirit within us.



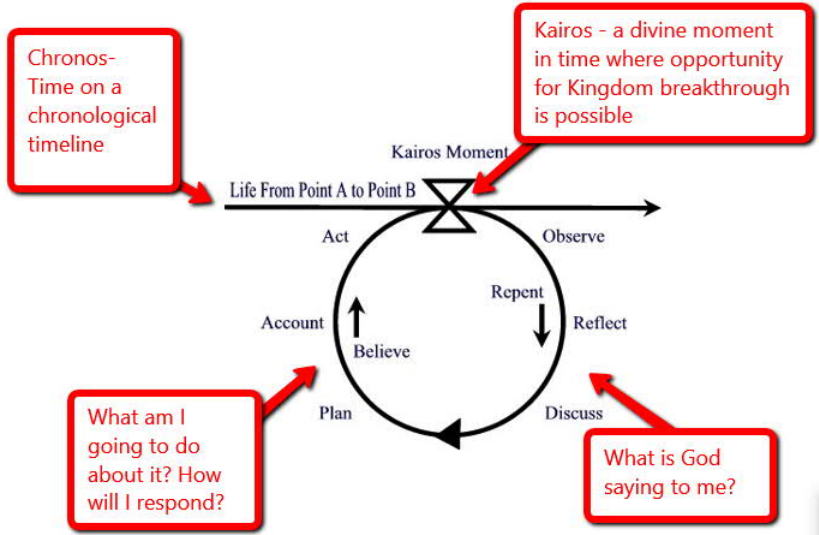
How does a spirit-minded person keep perspectives?

Wholeness of the Spirit

Sunday 18th July

Review of the last six days

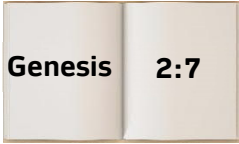
Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, _____

Monday 19th July

A Living Soul



KJV ⁷ And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.



God breathed the breath of life into body of clay and the man became a living soul.

The impression is clear: as soon as the breath of life, which became man's spirit, came into contact with man's body, the soul was produced.

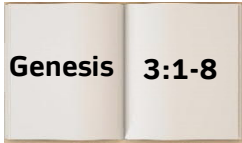
The soul can therefore be described as the combination of man's body and spirit. The Scriptures therefore call man "a living soul." The breath of life became man's spirit; that is, the principle of life within him.



How does God expect Man's three-fold nature to operate?

Tuesday 20th July

Effect of the Fall on the Soul



ESV ¹ Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden?’” ² And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, ³ but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” ⁴ But the serpent said to the woman, “You will not surely die. ⁵ For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. ⁸ And they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.



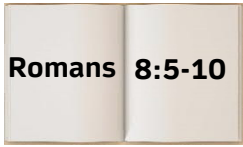
Adam and Eve nevertheless continued for hundreds of years after eating the forbidden fruit. This obviously indicates that the death God foretold was not physical. Adam’s death began in his spirit.



“The eyes of both were opened.” What has changed?

Wednesday 21st July

The Mind Rules



ESV ⁵ For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶ For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. ⁸ Those who are in the flesh cannot please God. ⁹ You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰ But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness.



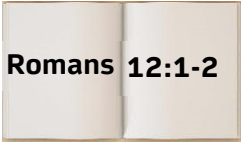
What jumps at you from today's reading?



How do you set your mind on the flesh?
How do you set your mind on the spirit?

Thursday 22nd July

Transformation: Mind Renewal



Romans 12:1-2

ESV ¹ I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ² Do not be

conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

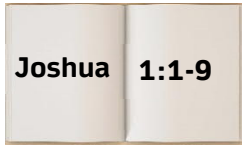


What jumps at you from today's reading?



Why does the mind need to be renewed?

Friday 23rd July Transformation: Day & Night Meditation



ESV ¹ After the death of Moses the servant of the LORD, the LORD said to Joshua the son of Nun, Moses' assistant, ² "Moses my servant is dead. Now therefore arise, go over this Jordan, you and all this people, into the land that I am giving to them, to the people of Israel. ³ Every place that the sole of your foot will tread upon I have given to you, just as I promised to Moses. ⁴ From the wilderness and this Lebanon as far as the great river, the river Euphrates, all the land of the Hittites to the Great Sea toward the going down of the sun shall be your territory. ⁵ No man shall be able to stand before you all the days of your life. Just as I was with Moses, so I will be with you. I will not leave you or forsake you. ⁶ Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them. ⁷ Only be strong and very courageous, being careful to do according to all the law that Moses my servant commanded you. Do not turn from it to the right hand or to the left, that you may have good success wherever you go. ⁸ This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success. ⁹ Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."



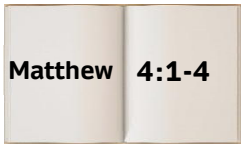
What jumps at you from today's reading?



Joshua had the book of the law. What does the Believer have today?

Saturday 24th July

Transformation: Soul Food



Matthew 4:1-4

ESV ¹ Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ² And after fasting forty days and forty nights, he was hungry. ³ And the tempter came and said to him, “If you are the Son of God, command these stones to become loaves of bread.” ⁴ But he answered, “It is written, “Man shall not live by bread alone, but by every word that comes from the mouth of God.”



What jumps at you from today's reading?



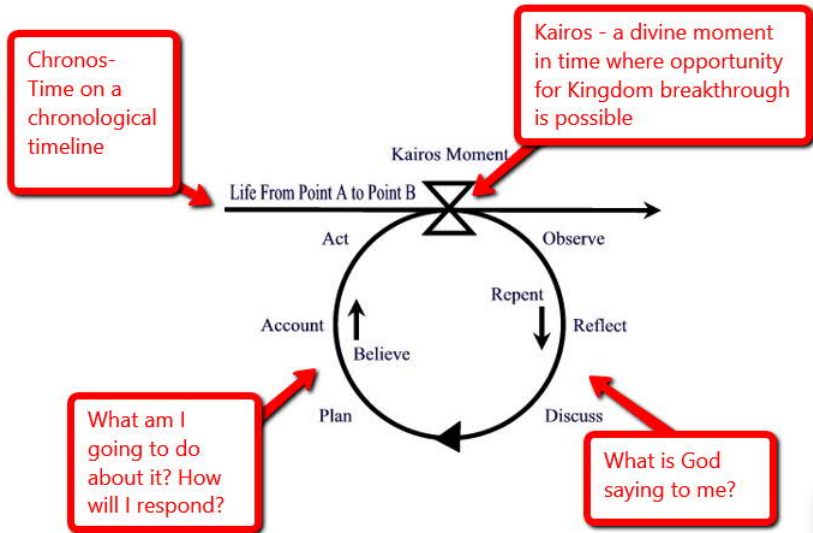
Bread nourishes the body as God's word nourishes the _____ of Man.

Wholeness of the Soul

Sunday 25th July

Review of the last six days

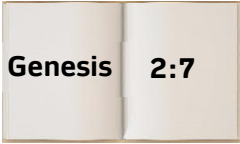
Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).



This week, _____

Monday 26th July

Formed from the Dust



KJV ⁷ And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul.



Man's outward sheath, the physical body, is the part of Man formed from 'the dust of the ground.'

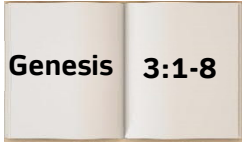
The body deals in the physical realm.



Which of the triune nature of Man was formed from the dust?

Tuesday 27th July

Effect of the Fall on the Body



ESV ¹ Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, “Did God actually say, “You shall not eat of any tree in the garden?”” ² And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, ³ but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” ⁴ But the serpent said to the woman, “You will not surely die. ⁵ For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. ⁸ And they heard the sound of the LORD God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.



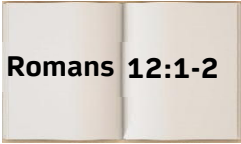
Sin entered the world, and death through sin.



How does the Fall affect the body of Adam and Eve?

Wednesday 28th July

God's Remedy



Romans 12:1-2

ESV ¹ Bless the LORD, O my soul, and all that is within me, bless his holy name! ² Bless the LORD, O my soul, and forget not all his benefits, ³ who forgives all your iniquity, who heals all your

diseases, ⁴ who redeems your life from the pit, who crowns you with steadfast love and mercy, ⁵ who satisfies you with good so that your youth is renewed like the eagle's. ⁶ The LORD works righteousness and justice for all who are oppressed. ⁷ He made known his ways to Moses, his acts to the people of Israel. ⁸ The LORD is merciful and gracious, slow to anger and abounding in steadfast love.



What jumps at you from today's reading?



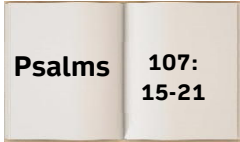
What is forgiven?

What is healed?

What is redeemed?

Thursday 29th July

He Sent His Word



ESV ¹⁵ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man! ¹⁶ For he shatters the doors of bronze and cuts in two the bars of iron. ¹⁷ Some were fools through their sinful ways, and because of their iniquities suffered affliction; ¹⁸ they loathed any kind of food, and they drew near to the gates of death. ¹⁹ Then they cried to the LORD in their trouble, and he delivered them from their distress. ²⁰ He sent out his word and healed them, and delivered them from their destruction. ²¹ Let them thank the LORD for his steadfast love, for his wondrous works to the children of man!



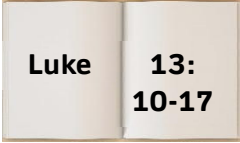
What jumps at you from today's reading?



What picture is painted of God's word?

Friday 30th July

Set Free from 18-year Bondage



NLT ¹⁰ One Sabbath day as Jesus was teaching in a synagogue, ¹¹ he saw a woman who had been crippled by an evil spirit. She had been bent double for eighteen years and was unable to stand up

straight. ¹² When Jesus saw her, he called her over and said, “Dear woman, you are healed of your sickness!” ¹³ Then he touched her, and instantly she could stand straight. How she praised God! ¹⁴ But the leader in charge of the synagogue was indignant that Jesus had healed her on the Sabbath day. “There are six days of the week for working,” he said to the crowd. “Come on those days to be healed, not on the Sabbath.” ¹⁵ But the Lord replied, “You hypocrites! Each of you works on the Sabbath day! Don’t you untie your ox or your donkey from its stall on the Sabbath and lead it out for water? ¹⁶ This dear woman, a daughter of Abraham, has been held in bondage by Satan for eighteen years. Isn’t it right that she be released, even on the Sabbath?” ¹⁷ This shamed his enemies, but all the people rejoiced at the wonderful things he did.



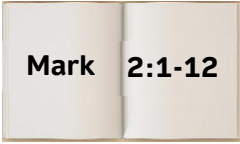
What jumps at you from today’s reading?



Her medical condition is attributed to a spirit of infirmity. Do spirits of infirmity afflict today?

Saturday 31st July

Which is Easier to Say?



Mark 2:1-12

NLT ¹ When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. ² Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was preaching God's word to them, ³ four men arrived carrying a paralyzed man on a mat. ⁴ They couldn't bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus. ⁵ Seeing their faith, Jesus said to the paralyzed man, "My child, your sins are forgiven." ⁶ But some of the teachers of religious law who were sitting there thought to themselves, ⁷ "What is he saying? This is blasphemy! Only God can forgive sins!" ⁸ Jesus knew immediately what they were thinking, so he asked them, "Why do you question this in your hearts? ⁹ Is it easier to say to the paralyzed man 'Your sins are forgiven,' or 'Stand up, pick up your mat, and walk'?" ¹⁰ So I will prove to you that the Son of Man has the authority on earth to forgive sins." Then Jesus turned to the paralyzed man and said, ¹¹ "Stand up, pick up your mat, and go home!" ¹² And the man jumped up, grabbed his mat, and walked out through the stunned onlookers. They were all amazed and praised God, exclaiming, "We've never seen anything like this before!"



What jumps at you from today's reading?

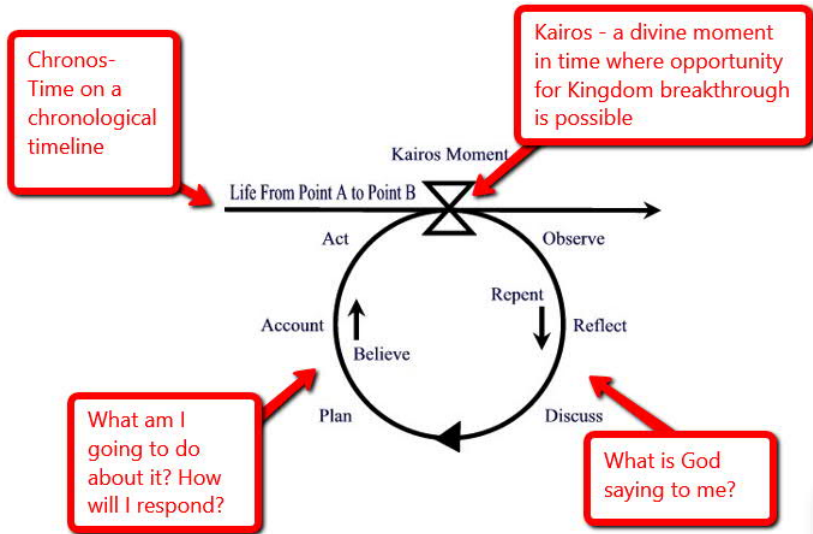


Which is easier to say to the paralyzed man:

- a. 'Your sins are forgiven,' or
- b. 'Stand up, pick up your mat, and walk'?

Sunday 1st August **Review** Wholeness of the Body

Today is an opportunity to pause, reflect, process and act on your week's Kairos moment(s).

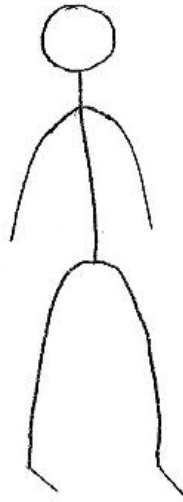


This week, _____

Wholeness

in every dimension of **you**

Spirit
Soul
Body



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